

North West Scarborough Local Immigration Partnership

Cluster 3: Health and Wellness – Meeting Minutes

Date: December 15th, 2010

Location: Scarborough Centre for Healthy Communities – 4002 Sheppard Ave, Ste. 401

Attendees: Connie Leung (CICS), Alice Mui (Care First), Maria Lu (Hong Fook), Oleg Valin (YouthLink), Waheeda Rahman (Scarborough Hospital), Marie Herrera (TPH), Stephanie Yin (Aisling Discoveries), Mani Mahadeva (NWS LIP), Rezwan Karim (NWS LIP), Michelle Davis (NWS LIP)

1. Welcoming

- Introductions of each participant as seen above

2. Review Worksheet Feedback

(Please refer to the following chart for Cluster 3)

3. Next Meetings

There are no more cluster meetings due to changes in the future working structures and mechanisms that will be put in place with the inception of phase 2.

Community Summit January 11th, 2011 – Scarborough Hospital Auditorium, 3050 Lawrence Avenue, 5:30pm-8:00pm

Partnership Council January 18th, 2010 – Afghan Association of Ontario (AAO), 100 Tempo Avenue, Ste. 305, 9:30am-12:00pm

Cluster 3: Health and Wellness - December 15th, 2010

Goal:

- Identify our strengths and opportunities
- Highlight key steps required to enhance our strengths and move forward our opportunities
- Identify stewards and participants

Strategy	Major Activity	What services/ activities do we have in this area?	What opportunities exist for us to take advantage of?	Key Steps We Recommend	Who needs to lead? Who else needs to be involved? Time frame?
Establish close working relationships among all the organizations fostering physical and mental health services	<ul style="list-style-type: none"> • Explore the opportunity to form forum or consortium for health service providers to coordinate services and collectively address common issues 	<ul style="list-style-type: none"> • Sharing clients • Co-location • Train / information sharing with settlement workers of other organizations • Existing Chinese mental health network functions in Scarborough • Annual Health Fair ay CCC (for the Chinese community) • Annual Scarborough Health Fair conducted by the COC 	<ul style="list-style-type: none"> • Openness for co-locating staff • Existing network (ex Chinese mental health network) and committees and advocacy groups • In downtown T.O. already have 3 Inter-sectoral partnerships for healthcare providers that NWS LIP can create for our area 	<ul style="list-style-type: none"> • Identify existing networks among healthcare providers that target ethno-specific providers • Establish an inter-sectoral health network (requires funds) • Expand and strengthen network among health service providers (requires funds) • Identify common areas to work in collaboration • Develop a plan to enhance healthcare facilities 	<p>Working Committee</p> <p>Short Term/ Long Term</p> <p>On-going</p>
	<ul style="list-style-type: none"> • Coordination among health service providers and settlement service providers to enhance improved health care service for newcomers 	<ul style="list-style-type: none"> • CICS – Hong Fook / Chinese Family Services of Ontario working relationship 	<ul style="list-style-type: none"> • 	<ul style="list-style-type: none"> • Establish a needs assessment for the community that each organization serves (requires funds) • Organize health fairs or other health related events in the community 	<p>Working Committee and Partnership Council</p> <p>Short Term</p>

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				<p>to build relationships between the community and health service providers (requires funds)</p> <ul style="list-style-type: none"> ▪ Develop indicators and tools to assessment the quality of healthcare services, by adding community members & settlement service providers (requires funds) ▪ Join existing advocacy groups for provincial government to reduce/ eliminate OHIP waiting periods ▪ Establish pool of professional interpreters/translators to support newcomer clients (requires funds) 	<p>Long Term</p>
	<ul style="list-style-type: none"> ▪ Improve access to holistic health services at hospitals, doctor offices, agencies and health centres 	<ul style="list-style-type: none"> ▪ Community health centers cover entire area (along the subway or TTC line) ▪ Mental health service providers ▪ CareFirst, Trans care Scarborough Ride, transportation for healthcare services ▪ Home at Last – Scarborough Hospital transportation 	<ul style="list-style-type: none"> ▪ Community health centers can expand their services 	<ul style="list-style-type: none"> ▪ Explore resources to train and obtain license to serve as interpreters (require funds) ▪ Educate community members on effectively utilizing different health care facilities (Ex: Emergency Room)(requires funds) ▪ Explore co-locations in health services (Ex: Community HUB) 	<p>Working Committee</p> <p>Short Term</p> <p>On-going</p>

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				<ul style="list-style-type: none"> ▪ Explore opportunities to expand existing transportation services for healthcare (requires funds) ▪ Explore opportunities to create, coordinate, and train a pool of volunteers to assist newcomers in navigating health services (requires funds) ▪ Mobilize resources to create paid internships for newcomers in health sector (requires funds) ▪ Explore expanding the Toronto Distress Centre hotline to encompass multilingual users, improve services, and use more effective tools for communication (requires funds) ▪ Advocate with Provincial government to include eye and dental care ▪ Explore how we can advocate to the government on creating more linguistically appropriate health promotions ▪ Advocate with 	

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				Government to open more doctor offices or community health centers	
	<ul style="list-style-type: none"> ▪ Facilitate training and capacity building of all the newcomer settlement workers working in organizations that address health care 	<ul style="list-style-type: none"> ▪ Counseling workshops through ISAP and OCASI ▪ Training on general health and public awareness – by TPH and Scarborough Centre of Healthy Communities and other associations 	<ul style="list-style-type: none"> ▪ There are many associations such as diabetes society, cancer societies, alzheimier societies are willing to train and educate (some org-ns train specific groups Ex: seniors) 	<ul style="list-style-type: none"> ▪ Identify existing expertise in training mechanisms in Scarborough and external sources (requires funds) ▪ Needs assessment of agencies ▪ Facilitate training of settlement workers on basic health and mental health issues(requires funds) ▪ Facilitate the establishment support groups (for cancer patients/ parent support groups) (requires funds) 	<p>Hong Fook (training)</p> <p>Working Committee</p> <p>Short Term</p> <p>On-going</p>
	<ul style="list-style-type: none"> ▪ Improve accessibility to community education on healthy lifestyles 	<ul style="list-style-type: none"> ▪ Toronto Rehab on diabetes ▪ Toronto Public Health conduct number of awareness sessions 	Scarborough Central East LHIN	<ul style="list-style-type: none"> ▪ Identify available topics surrounding health services ▪ Assess cultural and linguistic accessibility (requires funds) ▪ Connect with relevant service providers to expand their service in NW Scarborough ▪ Develop additional modules as required (requires funds) ▪ Conduct series of 	<p>Working Committee</p> <p>Short Term</p> <p>On-going</p>

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	<ul style="list-style-type: none"> ▪ Explore the possibility of expanding health coverage to eye and dental care 			<p>community education sessions and follow up training (requires funds)</p> <ul style="list-style-type: none"> ▪ Encourage agencies located out of Scarborough to serve from satellite location 	
<p>Improve recreation facilities for different demographic groups of North West Scarborough</p>	<ul style="list-style-type: none"> ▪ Collaboration with recreation centres, school boards, and settlement agencies to provide space for ethno-cultural recreational activities 	<ul style="list-style-type: none"> ▪ Toronto Park, Forestry and recreation centres ▪ Some faith-based organizations and non-profit organizations provide recreation services ▪ TDSB offers space 	<ul style="list-style-type: none"> ▪ 	<ul style="list-style-type: none"> ▪ Connect with City of Toronto to secure space for culturally oriented recreational activities (requires funds) ▪ Connect with School Boards and settlement agencies to secure space (requires funds) ▪ Explore possibility of expanding ethno-cultural recreation activities for newcomers ▪ Health service providers collaborate with settlement service providers for space and joint projects (requires funds) 	<p>Working Committee</p> <p>Short Term</p> <p>On-going</p> <p>Long Term</p>
	<ul style="list-style-type: none"> ▪ Explore possibilities of using local available space such as community halls, churches and schools for recreation 	<ul style="list-style-type: none"> ▪ Bridletown Mall – Chinese using for Tai Chi 	<ul style="list-style-type: none"> ▪ Community resource centers ▪ Community Parks 	<ul style="list-style-type: none"> ▪ Identify the requirement for different recreation activities of different community groups ▪ Inventory of agencies, property management who are willing to provide free space ▪ Develop a guide as space use protocol 	<p>Working Committee</p> <p>Short Term</p>

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				(requires funds) ▪ Connect community groups with proper management to secure space for a period of time. (requires funds)	