

# North West Scarborough Local Immigration Partnership

## Cluster 3: Health & Wellness Meeting - Minutes

**Date:** November 19<sup>th</sup>, 2010

**Location:** Centre for Information and Community Centre (CICS) - 2330 Midland Ave.

**Attendees:** Connie Leung (CICS), Anne Crasto (Scarborough Centre for Healthy Communities), Thilaga Jeganathan (CCVT), Stephanie Yin (Aisling Discoveries), Mani Mahadeva (NWS LIP)

### 1. Welcoming

Project manager welcomed the participants. Cluster members made a brief introduction of themselves and community involvement of their organizations. Due to poor attendance, cluster representative was not selected. It was decided to postpone final decision till next cluster meeting when all members are present.

### 2. Appoint Chairperson/ Cluster 3 representative

- Cluster representative will be selected in the next meeting

### 3. Worksheet Feedback

(Please refer to following chart for Cluster3)

## Cluster 3: Health & Wellness – November 19<sup>th</sup>, 2010

**Goal:**

- Identify our strengths and opportunities
- Highlight key steps required to enhance our strengths and move forward our opportunities
- Identify stewards and participants

Strategy	Major Activity	What services/ activities do we have in this area?	What opportunities exist for us to take advantage of?	Key Steps We Recommend	Who needs to Provide this work? Who else needs to be involved?
<b>Establish close working relationships among all the organizations fostering physical and mental health services</b>	<ul style="list-style-type: none"> <li>▪ Explore the opportunity to form forums or consortia for mental health and addiction service providers to address issues and act as a collective.</li> </ul>	<ul style="list-style-type: none"> <li>▪ Sharing clients</li> <li>▪ Co-location</li> <li>▪ Train / information sharing with settlement workers of other organizations</li> </ul>	<ul style="list-style-type: none"> <li>▪ Co-locations</li> <li>▪ Existing network (Ex: Chinese mental health network)</li> <li>▪ and committees and advocacy groups</li> </ul>	<ul style="list-style-type: none"> <li>▪ Identify existing networks</li> <li>▪ Expand network as required based on service demand</li> <li>▪ Identify common areas to collectively advocate</li> </ul>	<ul style="list-style-type: none"> <li>▪ Local hospitals</li> </ul>
	<ul style="list-style-type: none"> <li>▪ Identify existing, network of counsellors working in the field of mental health that have expertise on various issues affecting newcomers. Ex: Trauma counselling, substance abuse and addiction</li> </ul>	<ul style="list-style-type: none"> <li>▪ Already Chinese mental health network functions in Scarborough – 11 members</li> </ul>		Build relationship between community and local hospitals	
	<ul style="list-style-type: none"> <li>▪ Facilitate training and capacity building of all the newcomer settlement workers in organizations that address health issues</li> </ul>	<ul style="list-style-type: none"> <li>▪ Counselling workshop thru ISAP, OCASI workshop</li> <li>▪ Training on general health and public awareness – by TPH and Scarborough Centre of Healthy Communities and other</li> </ul>	<ul style="list-style-type: none"> <li>▪ There are many associations such as Diabetes Association, Canadian Cancer Society, Alzheimer's Association are willing to train and educate (some organizations train specific groups</li> </ul>	<ul style="list-style-type: none"> <li>▪ Create awareness among newcomers</li> <li>▪ Training of settlement workers</li> <li>▪ Support to establish support groups (for cancer patients/ parent support groups)</li> </ul>	Toronto Public Health / Scarborough Centre for Health Communities, local Hospitals

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		associations <ul style="list-style-type: none"> <li>▪ CCVT have conducted training of trainers program on trauma counselling</li> </ul>			
	<ul style="list-style-type: none"> <li>▪ Enhance better access to general healthcare and health needs</li> </ul>	<ul style="list-style-type: none"> <li>▪ Community health centers cover entire area (along the subway or TTC line)</li> </ul>		<ul style="list-style-type: none"> <li>▪ Create awareness and enhance access to existing alternate medical services</li> </ul>	
<b>Improve recreation facilities for different demographic groups of North West Scarborough</b>	<ul style="list-style-type: none"> <li>▪ Collaboration with recreation centres to provide space for recreational activities, with a special focus to seniors and youth</li> </ul>				
	<ul style="list-style-type: none"> <li>▪ Explore possibilities of using local available space such as community halls, churches and schools for recreation</li> </ul>				

#### 4. Next Meeting

- Implementation Plan and activities related to Health and Wellness cluster will be reviewed in the December meeting. A draft implementation plan will be submitted to CIC by mid December.
- **Next Cluster 3 meeting: December 15<sup>th</sup>, 2010 at Scarborough Centre for Healthy Communities - 4002 Sheppard Ave., Suite 401 from 10:00am – 12:00pm**