

Working Committee # 3: Health & Wellness - Minutes

Date: June 29, 2011

Location: CICS – 2330 Midland Ave. (Room 224, 2nd Floor)

Attendees: Thilaga Jeganathan (CCVT), Seemi Khan (TSH), Faith Xing (Newcomer Resident), Suzanne Decary (CNIB), Maria Herrera (TPH), Mano Churiyasrichanar (Newcomer Resident), Lucetta Lam (Hong Fook), Mani Mahadeva (NWS LIP), Rezwan Karim (NWS LIP), Michelle Davis (NWS LIP)

Purpose of the Meeting

1. Review the progress
2. Discuss and secure support for the future activities
3.
 - Welcoming and objective of the meeting
 - Maria will chair today's meeting
 - New participating newcomer resident Faith Xing , who was a pediatrician in China and is now doing social work relating health throughout Scarborough
 - Activities undertaken during first quarter
 - Training and capacity building
 - Hong Fook had conducted mental health training and 5 partner organizations attended, however 12 spaces were designated for NWS LIP partner organizations
 - There was also another mental health conference held during the same time frame that might have impacted a low participation in the said training
 - In response to the request from Committee members , Lucetta said she would organize one day training on ' mental Health Screening' for the front line staffs of NWS LIP member agencies depends on their ongoing schedules and request for the training program.
 - Maria and Seemi suggested the LIP organize a workshop for frontline staff to have them to network
 - It was suggested to organize a session for frontline staff of PC member organizations to provide awareness about health services in Scarborough – Toronto Public Health, The Scarborough Hospital and Scarborough Centre for Healthy Communities jointly host the program. Committee suggested to hold this in October following the major event in September.
 - Storefront has organized a health fair for seniors with the support of Scarborough Centre for Healthy Communities. It will helpful to us to learn from their findings

- John Elliot of SCHC to be contacted to collect information regarding needs assessment
 - Cynthia DuMont is a contact for transportation services when LIP supports community fairs where transportation is an issue.
 - St. Paul's Community Services also has a minibus to transport seniors
 - In order to disseminate the training information more effectively members suggested the following:
 - Get the name of the contact person in absence of the participating member
 - Get the name of the person who is assigned for info dissemination in the agency
 - Include key staffs in the e-mail list who are funded by CIC
 - Members suggested that LIP can request each agency funded by CIC should send someone to attend the training and should share information
- Inventory of expertise in health sector
- Inventory template was shared with member organizations and information from 12 partner organizations have been collected including few health service providers. Once all the information collected, summary will be shared with the members.
- Discussion on other activities for the second quarter
- Create inventory of health network
- A reminder will need to be sent out to partners to send inventory of health networks to Seemi who agreed to compile the info.
 - Inventory will compile the following:
Name, contact person, purpose of the network, mandate/functions, membership, external stakeholders/ involvement with others outside of membership
 - Mental health inventory will be compiled by Lucetta
 - Maria will help to include info regarding general Health networks
 - Inventory templates are to be sent by July 5th to Seemi, Maria and Lucetta
 - Deadline for partners to have information back Lucetta for mental health; Maria and Seemi for Health by July 29th
 - The purpose of the information collected by the inventory will be shared with PC members to help them find resource partners and avoid duplication
- Inventory of health related events
- Time frame is from January 2011 – December 2011. All the health service providers in the Council are expected to provide information to complete this inventory
- Advocacy
- Mani will be connecting with the Inter-LIP and City-wide LIP on the overall advocacy and policy pieces as they are issues that are larger for one LIP to take on
 - Mani will share findings from meeting with PC members
- Inventory of health education programs
- Information has to be collected along with information on health related events.

Support ongoing community education programs

- Information is incorporated in the health education program inventory
- To identify immigrants' service needs, Maria will request information from TPH – follow-up with her will be needed
- Seemi and the TPH conducted separate sessions in which stats has been collected – follow-up needed to get information from them
- CNIB will share their research findings conducted in York region
- Next WC#3 meeting all members will be requested to bring their information on client needs to have a thorough discussion

Outreach and connect with different stakeholders for recreational space

- To identify recreation needs of senior groups CareFirst (CIN), TransCare, St. Paul's, Vasantham (Store Front), Harmony Hall-Centre for Seniors, MOMIJI Healthcare Society are to be contacted
- For recreational space to connect with Taiwanese Economic Centre (Progress & Kennedy) – to get contact from Lucetta
- The faith-based and community group inventory has been started and collected through WC # 4. Once LIP completed the survey, we will be able to identify other potential spaces available for recreation activities.
- Don Donato head for recreation facilities – to get contact info. from Maria
- Funding sources for seniors program identified: New Horizons for seniors. There are different funding under this program: Community-based projects are eligible to receive up to \$25,000 in grant funding per year. Pan-Canadian projects that support the prevention of elder abuse are eligible to receive up to \$250,000 per year in contribution or grant funding, for up to a maximum of three years. (http://www.hrsdc.gc.ca/eng/community_partnerships/seniors/nhsp/brochure.shtml) ,
- Nomination of outstanding senior volunteers award through CIC, Aging at Home (focuses on health specifically for seniors at home, day programs)
- Recreations Grant (limited funds) - Another call for proposal is in place, Deadline is July 14.

Announcements/ Upcoming Events

- The Scarborough Hospital, Public Health, & (Scarborough Centre for Health Communities will be hosting a Community Health Fair on September 15th from 2-8pm, at Scarborough Village HUB (2660 Eglinton Ave East) – providing information on services and how to navigate the health system
- Hong Fook will be conducting another mental health workshop for frontline settlement workers throughout the GTA and York regions – Lucetta will send promotions to Mani and LIP will pass it on to PC members
- CNIB is moving into Dorset Park Hub and will be running low vision clinics in late September
- October 21 & 22, CNIB is going to organize a Technology Exhibition at the Delta Hotel – adopted technology for people with vision impairments and seniors
- Hong Fook is moving into new location before September – Fairview mall area,
- Hong Fook in partnership with Welcome Centre will be hosting an event on Mental Health August 2nd in Richmond Hill, host is Alfred Lam – “Crazy Hope” (Tickets are \$15)

- Wrap up

Next WC #3 meeting will be August 29th from 2-4pm at The Scarborough Hospital, 3050 Lawrence Ave.