

### Working Committee # 3: Health and Wellness - Meeting Minutes

**Date:** January 25, 2012

**Time:** 10:00am – 12:00 pm

**Attendees:** Jasintu Kangatharan (CCVT), Stephanie Yin (Aisling), Manonmany Churiyasrichandra (Resident), Shaun Cadieux (TransCare), Anne Crasto (SCHC), Sinthuja Krishnamoorthy (EMYS), Feng Qin (Faith) Xing (resident), Isha Ahmed (CNIB), Gajany Sivalingam (CNIB), Alice Mui (Carefirst), Mani Mahadeva (NWS LIP), Rezwan Karim (NWS LIP), Michelle Davis (NWS LIP)

- Welcoming and Objective of the meeting

Review Progress:

Health services related inventories – networks, expertise, resources, etc.

- Survey's were hard to complete as some of the activities, events, networks or coalitions are not on-going or fickle in nature as they can group them dismantle quickly, and some activities are last minute
- Though the nature of some of the activities, events, networks or coalitions the information collected will be useful. Recently NAP members requested the need for a resource tool on health services and the Scarborough Hospital was requested to work on this
- LIP could work with the Scarborough Hospital to develop a resource guide on health services
- 211.ca has a listing of various networks that should be explored

Role of NWS LIP in supporting health related events and programs

- LIP is still collecting information on health related events and programs in order to continue promoting such events

Organize health related information sessions

- Explore the possibility of conducting a health related event on mental health through pooling resources
- Last meeting members identified mental health as an upcoming topic that needs more recognition
- Suggestion of what the event should focus on was how to help clients get immediate assistance, not just a general information fair. Information should be provided about

alternatives healthcare options since there can be a long waiting lists to access mental health services. A proposed date in March to have the mental health event

- There will be an email sent to members to pass the information onto their organization staff on the proposed event

Networking with different service providers to enhance resources and facilities

- Scarborough Hospital conducted a community event to educate the community on its services in which NWS LIP provided its support.
- NWS LIP also supported navigating health services in Scarborough – information session conducted by Toronto Public Health, The Scarborough Hospital, TAIBU and Scarborough Centre for Healthy Communities.

Future direction of the LIP project

- Current structure will collapsed and there will be only 4 LIP's (East, West, Central North, and Central South) Toronto wide, not including the Toronto-Wide City LIP ran by City of Toronto
- Each LIP will receive \$400,000 for 4 Coordinators
- Scarborough (East region) will be led by Catholic Cross-Cultural Services (CCS) as agreed by the all current Scarborough LIP's
- The new LIP working structure will consist of a Partnership Council and an Immigrant Council
- No word on if there will be working groups that are more focused on a specific sector or topic. This will be decided once the new structure is in place in April 2012
- All the Scarborough LIP's will conduct a meeting in March, either the 20<sup>th</sup> or 22<sup>nd</sup> to debrief all Scarborough LIP council members of what has taken place and the next steps going forward

Proposed activities for the next phase (under new LIP structure)

- The new structure will help organizations be more aware of all the available of the services in Scarborough
- All Scarborough LIP's will need to collect and merge all findings, research, etc. that will be useful to all member organizations
- Any organizations that are not currently represented should be connected as well as untapped neighbourhoods

Information from all LIP's will be transferred to the next LIP structure

- Outside of a LINC or Language learning environment, having translators for the intended audience is critical and will be recommended to the next LIP if conducting health related events as medical terms can be difficult to understand, even in English
- Issues of health coverage can be an advocacy piece headed by the new structures Immigrant Council
- OHIP and Dental services and coverage have existing coalitions that can be collaborated with in the new structure – Dental coalition contact person – Anne Crasto

- Sexual health related issues should be explored further in the new structure as it is relatively under served in Scarborough. Currently Toronto Public Health and Scarborough Centre for Healthy Communities serve in this area.
- Elder Abuse as a topic of exploration and the Scarborough Elder Abuse Coalition should be connected with in the future – Gurprit is a member of this coalition
- Rights of confidentiality of personal health information needs to be conveyed to newcomers as awareness is lacking throughout Toronto

#### Wrap up

- The next WC #3 meeting for February 22<sup>nd</sup> 2012, from 10am – 12pm, Scarborough Centre for Healthy Communities - 4002 Sheppard Ave. Ste. 401